

## Camp Running and Dancing Bear Safety Requirements

We value your interest and enjoyment of the camp and want everyone to have a safe experience. For the health and safety of all campers, please follow the rules below. All adults and children that use the camps are to be familiar with and abide by the rules.

Rules:

- 1. Only one person may be on any of the swings at a time. No multi-swingers.
- 2. When someone is using a swing, others should stand away from the swing's path.
- 3. An adult must be present and always monitor the use of swings.
- 4. The see saw is designed for one person at each end. (Two users max)
- 5. No climbing or walking on the see saw log. The see saw is not a balance beam.
- 6. Stones are to be left where they lie. No throwing stones.
- 7. All youth campers are to be always with a supervising/responsible adult. No campers should be in the woods without supervision.
- 8. Stop! Look both ways before crossing the driveways as cars are entering the camp.
- 9. Drive slowly down the driveways, watch for children and dogs.
- 10. Use of the low and high ropes courses are strictly forbidden unless you have a **certified instructor.** You must arrange this with Mr. Henneman ahead of the time of your rental. Adult spotters must be present at each element that is being used. No one is to use the ropes courses without arranging with Mr. Henneman ahead of time. The ropes courses are not "playgrounds," there are specific ways to use the courses for specific purposes of developing confidence, teamwork, and physical success.
- 11. Clean up your space. No trash is to be left at the camp. Leave no trace.
- 12. Be sure all campfires are FULLY EXTINGUISHED. If they smoke, they are not extinguished.

I agree to abide by these rules and share with all adults and campers.

Primary Contact: Sign here_	
Date	

Make a copy of this list of rules to review with the adults and children at your rental.

Return a signed copy to Mr. Al Henneman along with your reservation form, deposit, and list of campers and adults.